

# **SIOP PODC Supportive Care Education**

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(Part 2)

**"Coping with the psychosocial  
issues in resource limited setting"**

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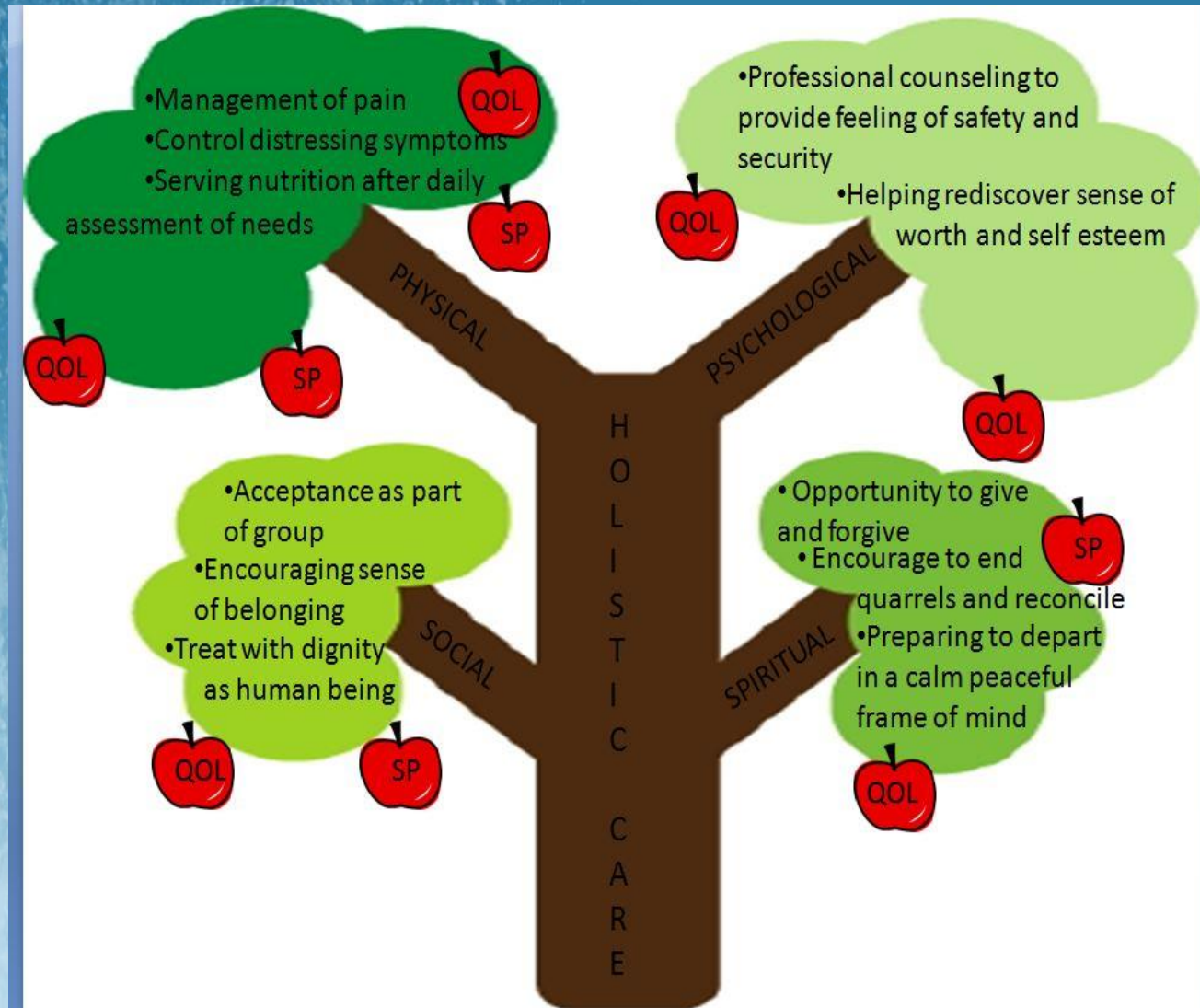
Karachi, Pakistan

# Accessibility to Psychosocial care In LMIC

- Considered luxury
- Limited financial recourses to support entire department
- Lack of expertise
- Social acceptance
- Insufficient significance

# Nursing is Holistic care

- Physical
- Psychological
- Social
- Spiritual



# Nursing scope in LMIC

- Very basic  
I/O monitoring , vital signs charting, bathing assisting in ADL's, medication administration etc.



# Challenges

- Nurse patient ratio
- Knowledge/skill
- Autonomy
- Limited resources
- Rotational duties
- Compassion fatigue
- Stigmatization



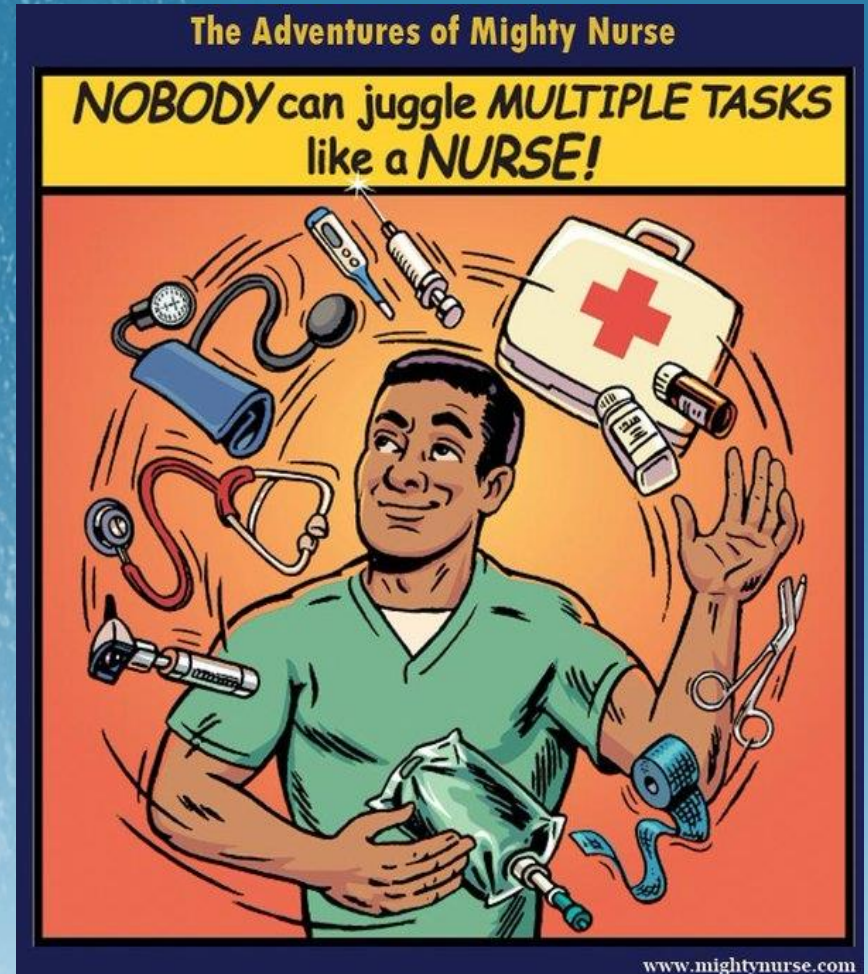
# Nurses role in psychosocial care

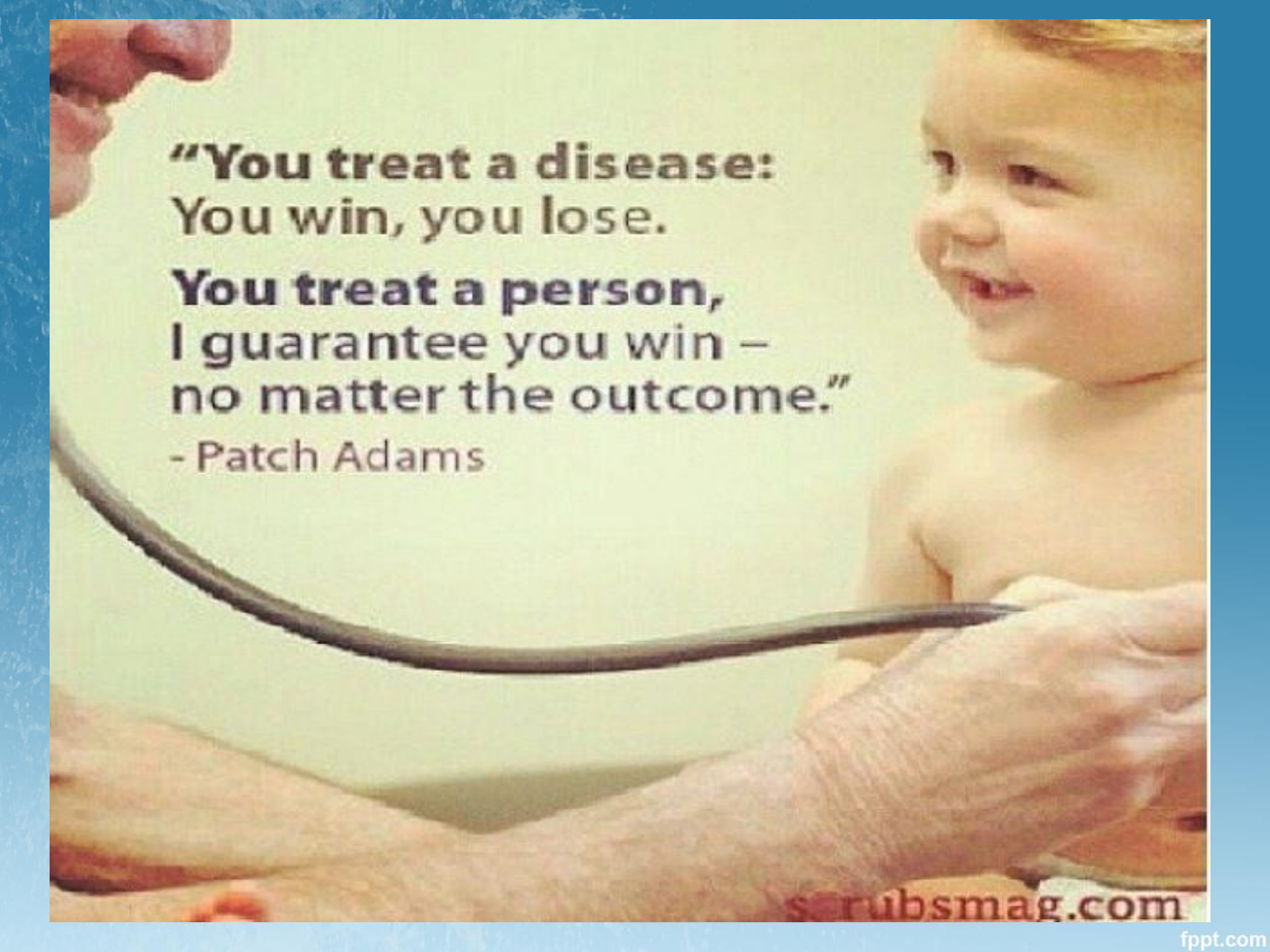
- Spend most time with patients
- Detect the changes in mood, thinking, or feeling
- Advocates
- Timely and effective assessment
- Collaborator



# Simple Approach

- Identifying patients by name
- Strong eye contact
- Sincere concern
- Smiling and laughing when appropriate
- Therapeutic touch
- Respect & dignity
- Being approachable
- Offer help
- Good listener
- Be open-minded for certain religious, cultural, or spiritual beliefs





**"You treat a disease:  
You win, you lose.**

**You treat a person,  
I guarantee you win –  
no matter the outcome."**

- Patch Adams



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